

Conservation of Energy

$$E_{\text{total}} = E'_{\text{total}}$$

(before) (after)

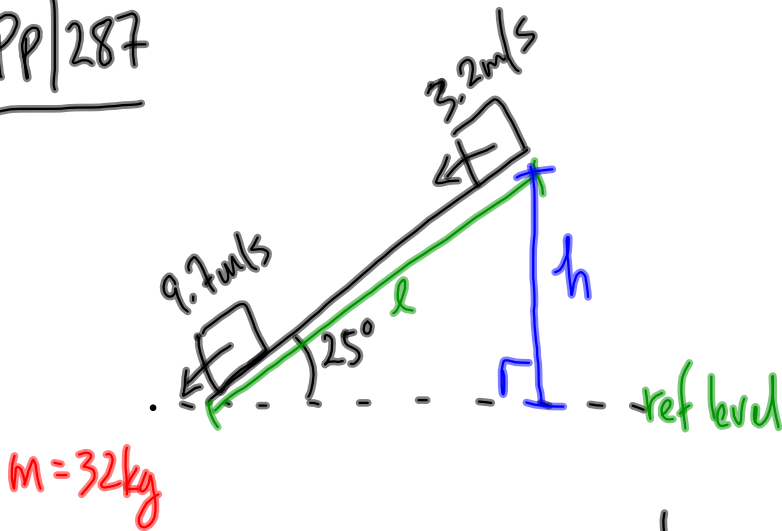
$$E_g + E_e + E_k = E'_g + E'_e + E'_k$$

$$E_g = mgh$$

$$E_e = \frac{1}{2} kx^2$$

$$E_k = \frac{1}{2} mv^2$$

PP/287



$$\sin \theta = \frac{\text{opp}}{\text{hyp}}$$

$$\sin 25^\circ = \frac{h}{l}$$

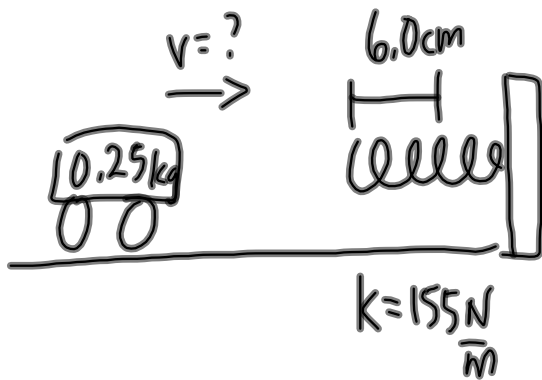
$$E_{\text{total}} = E'_{\text{total}}$$

(top) (bottom)

$$E_g + E_k = \cancel{E'_g} + E'_k$$

$$mgh + \frac{1}{2} m v_1^2 = \frac{1}{2} m v_2^2$$

mp/292



(before compressed) $E_{\text{total}} = E_{\text{total}}$ (fully compressed)

$$\cancel{E_e} + E_k = E_e' + \cancel{E_k'}$$

$0 \qquad \qquad \qquad 0$

$$\cancel{\frac{1}{2}mv^2} = \cancel{\frac{1}{2}kx^2}$$

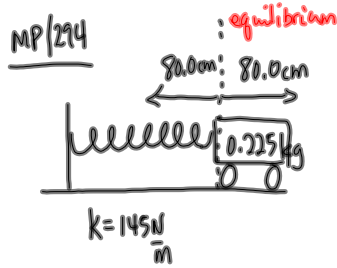
$$mv^2 = kx^2$$

$$v^2 = \frac{kx^2}{m}$$

$$v^2 = \frac{(155 \frac{\text{N}}{\text{m}})(0.060 \text{ m})^2}{(0.25 \text{ kg})}$$

The cart was travelling at 1.5 m/s before hitting the spring

→ v = 1.5 m/s



- a) $V_{max} = ??$ (passing through the equilibrium position)
- b) $x = ?$ when $\frac{1}{2} V_{max}$

a) $E_{total} = E'_{total}$
 (fully compressed) (equilibrium)

$$E_e + E_k = E'_e + E'_k$$

$$\frac{1}{2} kx^2 = \frac{1}{2} mv^2$$

$$kx^2 = mv^2$$

$$v^2 = \frac{kx^2}{m}$$

+ away (stretch)
 - toward (compression)

$$v^2 = \frac{(145 \frac{N}{m})(0.800 m)^2}{0.225 kg}$$

$$v = \pm 20.3 \text{ m/s}$$

b) $v = 10.15 \frac{m}{s}$, $x = ?$

$$E_{total} = E'_{total}$$

(fully compressed) (partially compressed)

$$E_e + E_k = E'_e + E'_k$$

$$\frac{1}{2} kx_1^2 = \frac{1}{2} kx_2^2 + \frac{1}{2} mv^2$$

$$(145 \frac{N}{m})(0.800 m)^2 = (145 \frac{N}{m})x_2^2 + (0.225 kg)(10.15 \frac{m}{s})^2$$

$$92.8 J = (145 \frac{N}{m})x_2^2 + 23.2 J$$

$$69.6 J = (145 \frac{N}{m})x_2^2$$

$$x_2^2 = 0.480 m^2$$

PP/296

$$x_2 = \pm 0.693 m$$

+ stretch
 - compression